



ReSPECT

Recommended Summary Plan for Emergency Care and Treatment

**Easy read information for patients,
parents, partners and families**



3. Making a ReSPECT Plan ReSPECT-3



When you are clear about what you want to happen in an emergency, you are ready have a conversation and to fill out the ReSPECT plan.



A ReSPECT plan is filled out by you and a healthcare worker together.



The plan asks about what is important to you and the kinds of care and treatments you would want to have in an emergency.

Your answers will help your healthcare worker explain which treatments could help you if you became suddenly ill.



Some treatments can be given where you live but some can only be given in hospital.



You can ask your healthcare worker any questions about what is on the plan.



When you are finished, the healthcare worker will sign the plan.



You can keep the plan with you, but let your family or care staff know where it is.

A copy will also go in your notes.



If you have to see a new healthcare worker or there is an emergency, make sure you tell them you have a ReSPECT plan.



Keep your plan somewhere where other people can find it in an emergency.



For further information go to www.respectprocess.org.uk